



Gayatri Mantra

The Gayatri is a verse of the Rig Veda which has been held very sacred from time immemorial. This Gayatri is a verse invoking the "Divine Sun", or the light at the depth of our being.

Long Form:

Om Bhū
Om Bhuvaha
Om Svaha
Om Maha
Om Janaha
Om Tapaha
Om Satyam
Om Tat Savitur Varenyam
Bhargo Devasya Dhimahi
Dhiyo Yo Naha Prachodayat

Short Form:

Om Bhū Bhuvaha Svaha
Tat savitur varenyam
bhargo devasya dhimahi
dhiyo yo naha prachodayat Om

The universe (Physical, Astral and Celestial planes)
Let us meditate on that most
excellent light of the Divine Sun
that it may illumine our minds.

